



Quick Guide – COVID19 Protocols/Expectations

<p><u>Signs and symptoms of COVID-19</u></p> <ul style="list-style-type: none"> • Fever • Chills • Cough • Shortness of Breath or Difficulty Breathing • Fatigue • Muscle or Body aches • Headache • New loss of taste or smell • Sore throat • Congestion/runny nose • Nausea, vomiting • Diarrhea 	<p><u>If a student/faculty/staff presents with symptoms outside of school:</u></p> <ul style="list-style-type: none"> • Parents contact the school health office immediately and do not send child to school. • Faculty/staff contact the school nurse or building administrator • Directed to contact your health provider or one of the convenient care facilities around the Oneonta area for Covid19 testing <p><u>Return to school protocol for students and staff:</u> * May not return until he/she has been:</p> <ol style="list-style-type: none"> 1. Tested and found Covid19 free (negative test) OR note from doctor indicating test was negative * Has been fever free without medication for at least 24 hours, AND * Symptoms have improved 2. Note from healthcare provider indicating alternate diagnosis. 3. Diagnosed with Covid (positive test): <ul style="list-style-type: none"> • Released from Department of Health, AND • Has been fever free without medication for at least 24 hours, AND • Symptoms have improved 	<p><u>If a student/faculty/staff tests positive for COVID-19 through a screening process but is asymptomatic:</u></p> <ul style="list-style-type: none"> • Parents contact the school health office immediately and do not send child to school. • Faculty/staff contact the school nurse or building administrator <p><u>Daily Routine:</u> Prior to school please ensure your child is feeling well and does not present any COVID-19 symptoms. *During School</p> <ul style="list-style-type: none"> • If your child presents with symptom(s) of Covid19 they will be: <ul style="list-style-type: none"> + Immediately presented to the nurse + Isolated from students/staff + Parents will be contacted for immediate pick up + Nurse contacts Department of Health; when applicable <p><u>Best Practice:</u> If a child has symptoms - stay home</p> <p><u>TESTING OUT OF QUARANTINE – OPTION - (After 7 Days)</u></p> <ol style="list-style-type: none"> 1) Request a release from quarantine by asking the contact tracer who checks-in on those quarantined daily. 2) <u>After day 5</u> of the quarantine, receive a Polymerase Chain Reaction (PCR) Test through your family healthcare provider, or one administered at any of the other area COVID-19 testing locations; 3) Your results will be automatically sent to the DoH; 4) If the test is negative and there are no symptoms, the DoH will provide documentation indicating that you may return to work/school <u>after day 7</u> of the quarantine; 5) You must submit this Doh release your school's nurse.
<p><u>If a student presents with symptoms: inside of school:</u></p> <ul style="list-style-type: none"> • Student is presented to the school nurse for assessment and quarantine • Nurse contacts the parent for immediate pick up from school. • Nurse contacts the Otsego DOH; when applicable. <ul style="list-style-type: none"> • To assist with data collection, the following should be asked by district personnel: 	<p><u>If a faculty/staff presents with symptoms: inside of school:</u></p> <ul style="list-style-type: none"> • Faculty member will notify school nurse and administrator of symptoms • Staff will be directed to contact their health provider or one of the convenient care facilities around the Oneonta area for evaluation and Covid-19 test • Nurse contacts the Otsego DOH; when applicable <p><u>Return to school protocol for students and staff:</u> * May not return until he/she has been:</p>	<p><u>Hygiene and Safety Protocols:</u></p> <p><u>Hand Hygiene:</u></p> <ul style="list-style-type: none"> • Healthy hand washing practices will be taught. • Faculty/Staff will consistently handwash and hand sanitize throughout the day but especially: • Upon arrival to school • Before and after breakfast, lunch, and snacks • After bathroom breaks • After using playground (soap and water) • After returning from a different classroom

<ul style="list-style-type: none"> • Seating charts • Complete Internal Contact Tracing form. • Parents will be directed to contact child's health provider or one of the convenient care facilities around the Oneonta area for evaluation and Covid-19 test. • Follow the return to school protocol for students and staff. 	<ol style="list-style-type: none"> 1. Tested and found Covid19 free (negative test) OR note from doctor indicating test was negative <ul style="list-style-type: none"> * Has been fever free without medication for at least 24 hours, AND * Symptoms have improved 2. Note from healthcare provider indicating alternate diagnosis. 3. Diagnosed with Covid (positive test): <ul style="list-style-type: none"> • Released from Department of Health, AND • Has been fever free without medication for at least 24 hours, AND • Symptoms have improved <p>If you are unable to be evaluated by a physician or obtain test results within 48 hours of onset of symptoms student/staff will be presumed positive and unable to return to school until:</p> <ul style="list-style-type: none"> • negative test result received, feeling well, and fever free for 24 hours without use of medication • positive test result received and released from isolation by DOH 	<ul style="list-style-type: none"> • Before and after mask breaks • MS/HS students at the beginning of class periods. <p>Respiratory Hygiene:</p> <ul style="list-style-type: none"> • Healthy respiratory hygiene practices will be taught. • Faculty/staff will do their best to provide friendly reminders to students that they should cough/sneeze into a tissue or into an arm • Faculty/staff/students will also perform hand washing/sanitization upon coughing or sneezing and after disposing of dirty tissues or soiled material.
<p><u>Arrival HS/MS:</u></p> <ul style="list-style-type: none"> • No student may enter the Oneonta High School or Oneonta Middle School before 7:15 a.m. <p><u>Arrival Elementary:</u></p> <ul style="list-style-type: none"> • No morning program students may enter the elementary buildings before 7:15 a.m. • No walkers or drop offs before 8:25 a.m. 	<p><u>Visitor Protocols - What you can expect:</u></p> <ul style="list-style-type: none"> • Non-scheduled visitors will NOT be allowed entry into our school buildings. <ul style="list-style-type: none"> • Make an appointment prior to asking admittance. • Request virtual meetings when possible 	<p><u>TESTING OUT OF QUARANTINE – OPTION - (After 7 Days)</u></p> <ol style="list-style-type: none"> 1) Request a release from quarantine by asking the contact tracer who checks-in on those quarantined daily. 2) <u>After day 5</u> of the quarantine, receive a Polymerase Chain Reaction (PCR) Test through your family healthcare provider, or one administered at any of the other area COVID-19 testing locations; 3) Your results will be automatically sent to the DoH; 4) If the test is negative and there are no symptoms, the DoH will provide documentation indicating that you may return to work/school <u>after day 7</u> of the quarantine; 5) You must submit this Doh release your school's nurse. <p><u>Critical Contact Information:</u></p> <p>School Nurses: Greater Plains: 607-433-8272 ext 4402 Riverside: 607-433-8273 ext 5402 Valleyview: 607-433-8252 ext 6402 Middle School: 607-433-8262 ext 3427 High School: 607-433-8243 ext 2124 <u>Otsego Co. DOH:</u> 607-547-4230 <u>Delaware Co. DOH:</u> 607-832-5200</p> <p>Detailed information found at: <u>oneontacsd.org</u></p> <p><i>The complete reopening plan with accompanying detailed protocols is posted on our school website.</i></p>